

# FRIENDS

Oct - Dec 2018



## Outdoor, Hiking, and Camping Club

Visit our web site  
[www.friendshiking.com](http://www.friendshiking.com)  
for current hike updates and  
upcoming events



Thanks for the support from all our FRIENDS for making this club a success!

Welcome to Friends Outdoor, Hiking, and Camping Club. For over *TWENTY* years, we have been adventuring into some of Arizona's most beautiful wilderness areas. In fact, we would like to think that we offer the most comprehensive selection of outdoor activities in Arizona. Our hope is to be the catalyst that gives people that "boost" that we all need to get out there and really *SEE* Arizona; meeting some new friends in the process. Each newsletter outlines hikes for a wide range of abilities from easy to strenuous. If you would like more detailed information on a hike, give the hike leader a call. If you are currently a Friends member, or interested in learning more about the club, please join us on a hike or at one of the monthly meetings.

### Club Contacts

Kurt Sedler 602-339-8780  
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Webmaster:  
Randy Baker 602-616-9491  
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Rich Flammang 623-980-9614  
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## Monthly Meetings

**Friend's Outdoor, Hiking and Camping Club Meetings are held at Boulders on Broadway (530 W. Broadway Road, Tempe, AZ 85282).** Anyone interested in finding out more about the club is welcome to join us for our monthly meeting.

## Meetings start at 7:00 pm

Dates are: October 1<sup>st</sup>, November 5<sup>th</sup> (1st Quarter 2019 planning meeting) and December 3<sup>rd</sup>

## Membership

An annual membership in Friend's Outdoor, Hiking, and Camping Club is only \$15.00 per person. Non-members are always welcome on hikes (\$5.00 charge) or at the monthly meetings (free). The current club membership is about 60, made up of people from 26 to 50+, married and single, ranging from artists to engineers. Children are welcome on most hikes, please bear in mind to match the hike & youngster appropriately. Well behaved dogs are also welcome, again, please match the hike & dog appropriately. To join by mail: please send your membership check to: Friend's Hiking Club c/o Kurt Sedler – 50 East Myrna – Tempe, AZ 85284; including your name, address, and email address.

## Hikers Responsibilities

Please know your limits and be sure you are capable of doing the hike that you attend. If you commit to attend a hike, please keep your commitment. Please ask the Hike Leader any question you may have prior to the hike. Please be prepared physically and gear-wise whenever you hike. Water, sunscreen, hat and jacket are a good starting point for your gear list.

## Website

From time to time, details of a particular hike may change after the newsletter has been printed. e.g. Forest closures due to drought / fire danger. We will make every effort to alert club members via email, however, prior to attending a hike please check our website, [www.friendshiking.com](http://www.friendshiking.com) for updates.

**SIERRA ANCHA WILDERNESS Day Hike & Car Camp – Northeast of Roosevelt Lake**Leader: Paul Hiegel ([improvehomes@gmail.com](mailto:improvehomes@gmail.com))

Phone: 623-243-2009

**RSVP with hike leader to be sure we have sufficient vehicles for shuttle****MEET in Home Depot parking lot, Superstitions Springs and Power Rd, on Friday, 3:00 PM**

We will be making camp at the Trailhead of Bill Lawrence Trail (#142) This camp is right on the edge of the basin reaching eastward, big skies, mountain range after mountain range. Beautiful Sunrises and starry skies. We are planning some dutch oven cooking. If you have a favorite recipe to share please let us know. We are considering having some target practice (Karen wants to shoot SOMETHING better a target than me) for those with interest let us know if you have an option.

We will start at the trailhead Saturday morning at 9:00 am for anyone who would not like to campout or had to work late on Friday please come join us whenever you can. We will be hiking along the Billy Lawrence trail to Center Mountain and there meeting up with the Reynold's Creek Trail (#150). The hike is a moderate hike because of the altitude. It is not a loop. We will be shuttling back to camp. There is many breathe taking views off these trails. There is not a lot of water in either of the creeks. You will be on the edge of a vast wildness. If the city closeness is getting to you come join us. High clearance vehicle is recommended. 4 x 4 not necessary.

**Fri – Sun, Oct 5 – 7**

Length: 5 miles

Rating: Moderate for altitude

Elev. Change: - 1,400 ft

**MOGOLLON RIM VISTA LOOP Day Hike – East of Payson**Leader: Denise Osborne ([deniseosborne196@gmail.com](mailto:deniseosborne196@gmail.com))

Phone: 480-241-9297

**No RSVP required, Show & Go****MEET in Target parking lot, 16825 E. Shea Blvd., 8:00 AM**

This hike is a loop hike involving 4 trails. It starts at the 260 Trailhead and head up the Military Sinkhole Trail #179 with a gentle climb for the first mile. We will go through some maples, which hopefully will provide some fall color. As the forest thins we emerge onto an exposed ridge and merge with an abandoned military road. This hike climbs uphill without switchbacks and will get your quads working. Just below Rim Road we hit a signed junction and will switch to the Rim Lakes Vista trail (#622). We will go for a ways until we come to one of the major “tourist” spots that has plenty of room for parking for those who come for the views. We will continue 3.3 miles on Rim Lakes Vista trail to the Drew Trail (#291). At this point we head 1.8 miles downhill to pick up the Highline Trail (#33), turn left and hike 4.1 miles back to the 260 Trailhead. We will have refreshments somewhere along the way back to Fountain Hills after the hike.

**Sat, Oct 13**

Length: approx. 11.7 miles

Rating: Moderate

Elev. Change: 1,023 feet

**SLATE MTN Day Hike, Cave Explore & Car Camp – North of Flagstaff**Leader: Rich Flammang ([modlacoupe@att.net](mailto:modlacoupe@att.net))

Phone: 623 980-9614

**RSVP required by Oct 15****Self organized carpooling in Denny's parking lot, SW corner of I-17 and Bell Rd. 7:30 AM****MEET at McDonalds, I-17 and SR260, 9:00 AM**

This adventure begins with a road trip north of Flagstaff along Az 180 to the Slate mountain area. We will conquer the summit of Slate mountain which is an easy 2.1 mile ascent to the top. This is the site of a retired fire lookout tower so the views are spectacular! We will then return to our cars and visit the nearby Slate Lakes area and locate our campsite for the evening. Before setting up camp we will visit the Slate Lakes Lava Caves complex, which is four lava tubes grouped together at a common entrance crater. After getting our fill of underground exploring, return to the campsite for an evening meal and camping under the stars and cool mountain air of northern Arizona.

**Sat – Sun, Oct 20 – 21**

Length: 4.2 miles R/T

Rating: Easy/Moderate

**SIERRA ANCHA WILDERNESS Day Hike & Car Camp – Another Point of View**Leader: Craig Barnett ([craigbhikin@cox.net](mailto:craigbhikin@cox.net))

Phone: 602-509-7532

**RSVP with hike leader for additional information****MEET in Home Depot parking lot, Superstitions Springs and Power Rd, 7:00 AM**

Weren't able to make Paul's hike or want to see what sort of surprise Craig has in store? This hike is for you. The hike will be a combination of Center Mountain and Reynolds Creek Trails. We hear there are some side trails to be taken and a surprise will be revealed. Hope its beer!

**Sat – Sun, Oct 27 – 28**

Length: 8 miles

Rating: Moderate

**CHECK THE WEBSITE FOR ANY HIKE CHANGES [www.friendshiking.com](http://www.friendshiking.com)**

**Remember to carpool when possible and share the cost of the drive!  
Thanks to all hikers who are willing to drive!**

**HIGHLINE TEMPLETON LOOP Day Hike – Sedona**Leader: Dave Kinzer ([dkinz@hotmail.com](mailto:dkinz@hotmail.com))

Phone: 480-612-5323

**RSVP hike leader via email, more detailed driving instructions will be returned****Self organized carpooling in Denny's parking lot, SW corner of I-17 and Bell Rd. 7:00AM****MEET HIKE LEADER at Yavapai Vista trailhead, 8:45AM**

Sweeping panoramic vista of most of Sedona's major landmarks, this hike starts at the Yavapai Trailhead (\$5.00 Red Rock pass required, available at the trailhead) and proceeds up the first of two moderate ascents on the Highline bicycle trail. Views open up to the east and north as we ascend to a saddle where Little Park and the Verde River Valley come into view. A moderate decent is followed by 1/4 mile of very steep decent on slickrock as we begin to circumnavigate Cathedral Rock. A short hike on the Baldwin Trail past the west of Cathedral brings us to the Templeton trail, which descends to Oak Creek. Lunch stop in the shade of the trees lining this area. After lunch, we ascend switchbacks for views of expensive homes in the Back 'o Beyond area. Continuing with a slight ascent around the North and East faces of Cathedral brings us to the Hermit trail, which continues back to the trailhead. Bring refreshments and something to BBQ at the hike leader's Sedona home at the conclusion of the hike. This is some of the best hiking Sedona has to offer. \* Rated plus is for steep downhill

**Sat, Nov 3**

Length: 7.1 miles R/T

Rating: Moderate + \*

Elev. Change: 1,200 ft (estimate)

**PICKETPOST CIRCUMFERENCE TRAIL Day Hike – Superior**Leader: Don Mantell ([dirkbag@aol.com](mailto:dirkbag@aol.com))

Phone: 516- 810-8024

**RSVP by November 15****MEET in Home Depot parking lot, Superstitions Springs and Power Rd, 7:00 AM**

This hike has a little of everything: great scenery, a walk through a beautiful riparian area, views of a very popular mountain, great unchallenging exercise, a portion of the Arizona Trail, a trip to an old mine and a chance to gather Apache Tears. It is a short trip from Phoenix, has an easy to find location off of Rt. 60 and a large parking lot. The possibility of a visit to a restaurant in Superior exists.

**Sat, Nov 17**

Length: 11 miles

Elev. Change: 400 ft.

Rating: Moderate

**GO JOHN TRAIL Day Hike & BBQ – Cave Creek Recreation Area**Leader: Randy Baker ([moovyoz@friendshiking.com](mailto:moovyoz@friendshiking.com))

Phone: 602-616-9491

**Please RSVP with the hike leader by Nov 23<sup>rd</sup> by phone or email****MEET at Cave Creek Recreation Area, 32<sup>nd</sup> Street north of Carefree Hwy, at 9:30 AM**

Time to work off that turkey on the Go John Trail. Ranging in elevation from 2,000 feet to 3,060, this desert oasis provides any hiker and equestrian majestic views. The Go John Trail loops around a mountain to provide the illusion of being miles away from civilization. In the 1870s, fever-stricken gold seekers staked their dreams on the jasper-studded hills. After the hike, we will enjoy Cave Creeks Recreational Park's facilities and BBQ. Bring something to burn, a favorite beverage, and a dish to share.

Note: There is a \$7 vehicle entrance fee. See <https://www.maricopacountyparks.net/park-locator/cave-creek-regional-park>

**Sat, Nov 24**

Length: 6 mile loop

Rating: Moderate minus

**RIDGELINE EPIC Day Hike – Superstition Mountains**Leader: Kim Hemmersbach ([hemmersbachkim@gmail.com](mailto:hemmersbachkim@gmail.com))

Phone: 480-343-4509

**RSVP by phone by November 26<sup>th</sup> for details on shuttle, time & meeting location**

If you're still trying to work off Thanksgiving dinner, join me on this EPIC day hike where you're sure to lose calories. It will be a shuttle with a *hike* start-up time of 7:00 AM. The initial plan is head up Carney Springs and descend down Flatiron/Siphon Draw. Along the way, we follow the ridgeline and crank out Superstition peak and end with beautiful Siphon Draw. This will be an ALL day hike testing our endurance so be prepared, bring plenty of water, snacks and apply sunscreen. We will be hungry after this feat so will go for dinner afterwards. No be-backers. Bring it on Ridgeline!! **This RSVP date is firm.**

**Sat, Dec 1**

Length: 11.5 miles

Rating: Difficult

**SUPERSTITION BAJADA Day Hike – Superstition Mountains**Leader: Stan Backenstoss ([sbackenstoss@gmail.com](mailto:sbackenstoss@gmail.com))

Phone: 480-620-3775

**No RSVP required, Show & Go.****MEET in Home Depot parking lot, Superstition Spring and Power Road, 9 AM**

Hike the beautiful and lush Sonoran foothills of Superstition Mountain. We will begin on the Lost Goldmine Trail and utilize side trails traversing the western edge of Barkly Basin. There is minimal elevation change. This is a loop hike.

**Sat, Dec 8**

Length: 6 mile loop

Rating: Easy

**QUARTZ TRAIL Day Hike – McDowell Sonoran Preserve**

Leader: Denise Osborne ([deniseosborne196@gmail.com](mailto:deniseosborne196@gmail.com))  
 Phone: 480-241-9297

**No RSVP required, Show & Go.**

**MEET at Quartz Trailhead, 10215 E. McDowell Mt. Ranch Road, 8:00 AM**

The trail follows a wash through a development for about 2 miles before entering the actual preserve. Once past the path leading up to the quartz outcropping the trail continues around the quartz mountain into the McDowells. Great views of Thompson Peak, pure serenity, and thick vegetation are a welcome relief. Trail follows a large open wash that twists and turns near the end. The trail ends at a rock waterfall that's about 10 feet high. The Taliesin overlook can be included to add more feet to the elevation change. We will find someplace nearby for good refreshments after the hike.

**Sat, Dec 15**

Length: approx. 9.6 miles  
 Rating: Easy/moderate

**CAVE CREEK/SKUNK TANK TRAIL Day Hike – Cave Creek**

Leader: Brian Carson ([bacarson333@gmail.com](mailto:bacarson333@gmail.com))  
 Phone: 602-818-9349

**RSVP with hike leader for further information and directions \*\***

**MEET at the Cave Creek Trailhead at the Seven Springs Campground, 8:00 AM**

The hike begins by following the Cave Creek Trail to the junction with Skunk Tank Trail. Throughout the hike we will see riparian vegetation that grows along Cave Creek, Arizona Sycamore, Ash, Alder and Walnut trees. The first part of the hike is a gradual decent and there is a section of a switchbacks as we climb back out of the canyon. The lower desert vegetation will return with Saguaros, Palo Verdes and Ocotillos. \*\* Possible camping will be arranged depending on the interest. Check with hike leader for further details.

Note: At the time of the newsletter publication, there is no entry or parking fee according to the Cave Creek Ranger District.

**Sat, Dec 29**

Length: 10 miles  
 Rating: Moderate  
 Elev. Change: 600 ft total

**Help keep the Club on its feet!**

**Attend the next planning meeting on November 5<sup>th</sup> with suggestions of trails to explore and areas to visit. Interested in leading a hike?  
 Your participation is welcomed!**

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*Friends Hiking, Camping, and Outdoor Club*

**C/O Kurt Sedler**  
 50 East Myrna  
 Tempe, AZ 85284

